

**Submission to the Waimakariri Residential Red Zone Recovery Plan**

**By Colleen Young**

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**Kaiapoi**

I have lived in the Waimakariri District for 26 Years and some of my family have lived in the area since 1850s. I want the best for the area and not necessarily for myself but for others to enjoy in the future.

My submissions are a combination of my knowledge of children and what retirees need to have a successful period of ageing. I have just completed a online course through Trinity College, Dublin on Strategies for Successful Ageing as I am in the third term as President on U3A North Canterbury with 230 members.

**Children-** Pre- school children once had tricycles before having a bicycle but nowadays balance wheels on a bicycle are the norm. Balance to ride a bicycle is important and there is a need for a place to practise this skill. A beginner rider needs a safe place.

Suggestion - a circuit somewhere; a place for parents to park their car; could be a great place to hold a local Weetbix Tryathalon for older children.

This could be best allocated Kaiapoi East section of the plan. Karori in Wellington have a large paved circuit surrounding several cricket pitches where walking and cycling are combined.

**Adults-** As Geoff Meadows said on a paper "Strategy to address the implications of an aging population" The desirability of having an active and inclusive community. Pages 17-21 of the report.

Older people need exercise but social interaction is also important. Health Experts say 150 minutes per week walking is a good average for older people and from the plans that looks well catered for but I would like to see something more for older people that would bring about some social interaction. My suggestion of Petanque / Boules in Strategic places would not compromise the plan but add an extra dimension. It would need extra

promotion to get people to use the facility. There would be no need for a club to be formed as I envisage it would be self generating after initial promotion. Some older people cannot afford club fees.

**Suggestions** - These are small areas to be included into areas already planned  
- Kaiapoi East area 9 in Meadow Street as this would be near Council Flats;  
Kaiapoi West area 1 near Borough School; Kaiapoi South area 6 in the new Wyber Place park; The need to have seating and Shade around would be an advantage.

**Other Adults** - A keep fit circuit like in Hagley park would be good for the adults who want to improve their fitness.

**BMX track.** There is an excellent track in Wellington between Northland and Karori that has recently been developed. It is worth looking at.

**Market Place** - This needs to be revamped / promoted as Kaiapoi's answer to the Friday market at Ohoka. A great number of people can't get on a Friday and Kaiapoi should look at our Maori traditions as a food supplier and a place where people gather.

Ruataniwha Centre is buzzing let's make the rest of Kaiapoi the same.

**Parking-** Is there any provision being made for car parking when we get a train link to Christchurch??

Thank you for giving me this opportunity to put my ideas to you.